

REFLECTIONS

An Official Publication of Salwan Public School, MV-3



*We keep moving
forward,
opening new doors,
and doing new
things,
because we're curious
and curiosity keeps
leading us down new
paths.
-Walt Disney*

Every day in our life, we remind ourselves of the important task that we are entrusted with...educating and nurturing young minds, of creating sensitive and responsible citizens of tomorrow and of building a school that is known not just for a world class education that it provides, but also for the values that it stands for. We want children to be inspired by their good work, not by reward, thus creating a love of learning, for "self-inspired" learners. With an optimum blend of modern pedagogies, these exciting months passed-by, full of learning and stimulation.

- Seema Malik, Principal



Reminiscing about Buddha's Teachings

Buddhism encompasses a variety of traditions, beliefs and spiritual practices largely based on original teachings attributed to the Buddha and resulting interpreted philosophies. A special assembly on teachings of Buddha was organised in the school premises. The main purpose of the special assembly was to unveil the newly made relief sculpture of Buddha, which has been installed at the reception and also to imbibe the feelings of peace harmony and calmness in the young minds for the global welfare. Student representatives from each class offered flowers and

incense with special prayers for universal peace and harmony. Highlights of the assembly were chants of "Buddham Sharanam Gachami" which were beautifully rendered by school choir group followed by mantra recital by teachers, Lotus Sutra by Ms. Bhaskar Valli and short story on the Life of Lord Buddha by Ms Shalini. The programme concluded with the address by Principal of the school wherein she accentuated on the fact that Buddha's teachings have the strength to awaken people to cosmic reality and lead lives synchronised with nature..

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**YOUR WORST ENEMY
CANNOT HARM YOU AS
MUCH AS YOUR OWN
UNGUARDED THOUGHTS.**

”



Magic Show

A Magic Show was organized on 9th April, 2019 for the kids. The magician performed several tricks which left the children astonished and mesmerized. He called up a few children on stage and performed astounding tricks with them. The children remained glued to the show till the end. This helped the children amplify their observation skills and concentration. The children were thoroughly entertained.



Lemonade Making



As part of the summer carnival, to beat the heat in scorching summer, the students of Nursery and K.G enjoyed a refreshing Lemonade making activity in the school. The little ones refreshed themselves with a cool lemonade drink. At the same time the activity also helped in upgrading their vocabulary by learning new words like: stir, mixing, disposable glass, container, etc. They enjoyed a lot and relished the drink with their friends and teachers.

Show and Tell

A "Show N Tell" activity was held on 25th July for the students of Nursery and KG in their respective classes. The topic was "My favourite season". In this activity, students brought a number of different objects like umbrella, sun-glasses, raincoat, cutouts etc. and used these props in an innovative way to describe their favourite season in their own words. This helped them improve their self-confidence and speaking skills. Children participated enthusiastically in the activity.



Friendship Band Making

The tiny tots of Nursery and K.G celebrated friendship day with "Friendship Band Making Activity". They showed their gratitude and affection towards their friends by making friendship band for them. The teachers taught them the importance of friendship, encouraged them to make new friends and inculcated good values in them.

Dress-up and Talk

To celebrate Independence Day, the Early Childhood Department organized a "show n tell" activity. The children came dressed as their favourite freedom fighter and spoke a few lines about them.

The activity had a great impact on the young minds and helped in making them aware about freedom fighters. It helped them understand the role of freedom fighters.



Mother's Day Celebration

Mother's Day is a special day in the lives of tiny tots. Keeping this in mind, we celebrated Mother's day on 10th May, 2019 to express our heartfelt gratitude and respect towards the Salwanians' mothers. A special activity was organised for the mothers of grade 1 to 2 wherein they made tiaras and crowns for their kids. Their excitement and competitive spirit was very palpable.



Movie Viewing

A movie show was organised on 26 July, 2019 for students of classes 1 and 2 at Movie times, Noida sector -18. The movie chosen for the students was 'The Lion King' which has inspired children to push their limits and reach for stars. The movie enabled students to understand certain values which though already being imparted in a classroom can be easily reinforced through a visual medium. They spontaneously burst into the lively song ' Hakuna Matala' after the movie.

Tree Plantation

A Tree Plantation Activity was organised on 23rd July, 2019 in the school premises. The students were sensitized towards the need to plant more trees for the preservation of our environment and ecosystem. They also created a compost pit.

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**"EVEN IF I KNEW THAT TOMORROW THE WORLD
WOULD GO TO PIECES, I WOULD STILL PLANT MY APPLE
TREE."— MARTIN LUTHER.**

”

Hindi Calligraphy

'Our handwriting style depicts our personality traits'. To improve presentation skills and to inculcate the habit of good handwriting among students, Hindi Calligraphy Activity was organised for Grade 1 and 2 on 5 August, 2019. They created artistic parchments.





Interacting with Authors

We invite eminent authors regularly to provide enriching experience to students and staff. Recently Dr. Devika Rangachari, an eminent writer, who has won 19 national awards in competitions for writers of children's book and stories visited our campus. She interacted with enthusiastic and avid book lovers of our school inspiring them to take up writing.



Reading Groups and Clubs

Group reading discussions take place every month in our school wherein teachers gather after school hours to discuss about literature, politics, current affairs, science and technology, etc., for their intellectual growth. They bring forth their views on myriad of subjects. There are reading clubs for students also, which create space to discuss what we have discovered in books. They encourage our students to become better readers, better writers and better people. They cultivate a passion for quizzing, debating, creative writing, literature, elocution etc. amongst students and open doors to all kinds of new experiences for them.



Celebration- Way of life

To instil the traditional and cultural values in kids, The Harvest Festival - Baisakhi" was celebrated on 11th April 2019. The teachers discussed about the importance of the festival in the farmer's life. The motive behind the celebration was to apprise the children with the rich culture and heritage of Punjab. Tiny tots were dressed up in colourful attires depicting the culture of Punjab. The festival was celebrated with great fervour and gaiety. Teacher talked about the importance of harvest in the lives of farmers and their families.. Lots of joy and happiness was seen all around. Young ones danced on Punjabi music.



Bhasha Sangam - "Mushaira"

On the occasion of 73rd Independence Day of India, the Hindi Department, organized a program to commemorate the day. The program started with a very inspiring prayer "Lab pe ati hai Dua Ban Ke Tamanna Meri". The event was initiated with the welcome note of Brig. Dr. Alok Kumar Tyagi, Director, of the school addressing the parents and apprising them with the true meaning of freedom. "Bhasha Sangam Poetry Seminar - Mushaira" was the main attraction of the program wherein students confidently presented poetry highlighting the fact that Hindi and Urdu, born from the Sanskrit language, with their own essence have always made a mark in promoting India's cultural heritage and tradition. Students spoke with perfect diction in each language. The division of languages could never challenge the integrity of our country. Rather, their beauty has been adorning India with its tender sentiments.



ZENITH - Let's Reach the Pinnacle



SCHOOL SCIENCE FEST "INNOVENTION": 9 students of our school participated in Inter school science fest "Innovention" organized by Ahlcon Public School, which aimed at arousing curiosity and ability to innovate, explore and inculcate scientific temperament for budding scientists. There were four events named SCIENCE TALK, HOW & WHY OF SCIENCE, GRAFFITI and SCI-FI SPECTACLE. Two students Kunaal.S. Dadlani and Shree Harsh of class VIII got the 2nd prize in the event SCI-FI SPECTACLE for working model of Vacuum cleaner and automation room cleaner from household waste material.

Spectacular Science

Our school campus has become a learning unit/tool for our students. Science is taught with experiments and school has taken up various sustainable measures such as 65KW solar plant, occupancy sensors, cisterns in toilets which flush less water, replacement of tube lights with energy-efficient LEDs, garbage segregation awareness programs, etc. To foster a scientific aptitude in students our school has achieved a new dimension by setting up a weather station in the school premises with the collaboration of Indian Metrological Department, wherein students record the temperature on a daily basis and the data is shared with IMD.



**HAPPY COSMONAUTICS DAY
С ДНЕМ КОСМОНАВТИКИ**

ARISS SSTV Award
№ 130681

Salwan Public School, Mayur Vihar Ph-3 C/o VU2UKR

Received SSTV images in commemoration of the Cosmonautics Day - 2019, sent through the amateur radio system installed on the Russian segment of the International Space Station.

Принял SSTV изображения в ознаменовании Дня космонавтики - 2019, отправленные через радиолобительскую систему установленную на Российском сегменте Международной космической станции.

Руководитель Радиолобительской Деятельности на МКС
Сергей Самбулов RV3DR
ARISS International Chair
Frank Bauer KA3HDO
ARISS Europe Chair
Oliver Amend DG6BCE
RSOISS Операторы - космонавты
Олег Козленко
Алексей Овчинин
Mentor ARISS Europe
Armand Budzianowski SP3QFE
ARISS SSTV Award Manager
Sławomir Szymanowski SQ3OOK

RSOISS NAISS
11-14 April 2019

ISS ARISS RSOISS NASA CASIS

Amateur Radio on the International Space Station
Любительское радио на борту Международной космической станции

ARISS Russia organised a special Slow Scan Television (SSTV) event from the International Space Station in celebration of Cosmonaut Day from 11th to 14th April 2019. It was a proud moment for our school students to participate in such an event and also they were able to intercept the picture signal coming from ISS in the school premises ... using an antenna and an amateur radio. They were successfully able to hear the sound and finally see the image sent from ISS Russian module, using installed software in the mobile phone.

Six students of our school got this rare opportunity to be the part of “Artificial Intelligence for sustainability” working model competition in International Conference on Emerging Advancement in Science and Technology, at Manekshaw Centre. Our team won second prize in the competition and models displayed were “Soil moisture testing using tensiometer for irrigation purpose, drone for spraying pesticides and obstacle avoider vehicle”. During the process of model making, students were able to learn the importance of teamwork to accomplish a task, applications of the scientific concepts, analyze them and learn how to accurately and skillfully use them in the model construction. Students also got the opportunity to interact with professors from Japan and the scientists from CSIR and DRDO.



We have also initiated an **Aero- Modelling club** which enables students to develop skills such as teamwork, innovation, leadership quality. They have learned to make a controlled line flying model and understood the basic principles involved in aeromodelling. Science Department conducted an activity '**ISS Earth Kam**' to learn about the earth from the unique perspective of space. To equip our students for the new age of robotic assistance, coding, app making techniques, etc., various clubs have been initiated viz. **STEM robotics, Coding to learn (Robogarden) and Digitech** wherein our students learn and adopt innovative ways and develop their own programs and applications. Nine girls from our school got the opportunity to participate in **Tecnovation Challenge** program mentored by Adobe India. The program aimed to promote girls in the field of technology. They were trained by Adobe to develop an app on social issues, which won accolades at international level.



Astronomy Tour to Sariska Astro Park

Our students attended Astrotourism Star Parties at Astroport Sariska in the month of April 2019, with an aim intend to inculcate a love for astronomy and nature. Children learnt to connect and develop empathy with nature and find oneness with the stars. Students went on nature walk and Astroport tour where they discovered why organic farming should be practiced. Students learnt about the medicinal properties of many plants like Hingot, Adusta etc. Students also learned about the most important aspect of Astronomy i.e., night sky. They understood the difference between refractor and reflector telescope, how a telescope can be aligned towards the celestial objects and the concepts of light pollution, dark adaptation, constellations and asterism. Students got to know new facts about the pole star and they found out that it could be found using two constellations.



The launch of Chandrayaan - II

Students from classes VIII to XII, along with two teachers got an opportunity to visit Satish Dhawan Space Centre (SDSC) SHAR, Sriharikota, the Spaceport of India (ISRO) to witness the launch of Chandrayaan - II in the month of July 2019. They also visited space museum, gallery and exhibition where they gained knowledge about contribution of ISRO in space sciences and various missions launched by them. Children were also revealed about the future endeavors of Space Centre.

Integrating Sports



Sports in our school is not just about playing games but it is about living sports, framing a strong sports curriculum redefining sports with a vision, every year at all levels. The aim is to bring a change to the new relevant and mandatory physical education curriculum based on integrated physical education, activity and related learning.

Wall climbing was introduced with the aim to acquaint students with the adventure activity, develop their mental ability and strength, , explore their potential and prepare them to compete at all the levels. Various wall climbing competitions have been organised, to prepare the students for future International events.



An **Adventure camp** at Camp Climb up Adventurous Campsite, Triund , Mecleodganj – Himachal Pradesh was organized for the students of classes 6th -10th. It served the platform for students in gaining experiences in various outdoor activities. It was an experience where the mind worked in total coordination with the body.

We have been sending students to **various camps for hands on learning**. Night Trekking, Rappelling, Sand model displays, Bayonet fighting, Martial Arts, Leadership talks by Army Personal etc. have become a culture at our Institution. We believe “Leaders are not born, but made under extreme circumstances of balancing the Body, Mind and Will”.



Sports Achievements



- Vijul Ahuja got Gold medal in Delhi State Championship – athletics. She also got Rs. 2 lakh from Delhi Govt. and was adjudged as the best athlete.
- Summer Athletic Meet was organized by Directorate of Education, Govt. of NCT of Delhi. Vijul Ahuja yet again secured the first position in 200 and 400 meter race and made the school proud. Nikhil Nirala of class VI also secured the fifth position in long jump.
- Senior Volleyball boys' team secured first position in Zonal competition. (Devraj , Mayank , Raghav , Anshul , Gagan , Aryan - class IX Pankaj XII, Vishal and Yaman XI)
- Senior Volleyball Girls team secured first position in Zonal competition. (Bheeni Krishnan, Manvi Bhoj, Bhavayashree, Sanya Saini, Jazmeen Sidhu, Priya, Nandini Dangwal, Aashi Sharma, Srilakshmi, Vedika Khanna and Manya Bisht)
- Sub Junior Volleyball Girls team secured first position in Zonal competition. (Saianshi Negi, Anushka, Pokhriyal, Pranavi Rawat, Unnati Jhamnani, Upasana Istwal, Aparna Singh, Pihu Kaushik, Sakshi Mishra, Anushka Narwal, Muskan, Dhriti Bambroo and Gaurika Khanna)
- Shashi Singh Physical Education teacher from our school participated in Volleyball European Masters games which were held at Italy (Torino) from 25th July to 6th August and she won the Gold batch Medal.
- Vasu Dhyani of class IX got selected for Khelo India to represent the school in Gymnastics.



Teacher's Day Celebration 2019



We celebrated Teachers' Day with a special assembly, conducted by Nehru House. The day began with the school prayer and a heart-stirring motivational song sung by the school choir, followed by a mesmerizing group dance performance, a blend of Classical dance and Can-Can dance. The Principal, Ms. Seema Malik, addressed all the teachers with her inspiring words. She thanked all the teachers for their diligence, sincerity and hard work. The programme concluded with the inspiring words of 'His Excellency Dr. Karan Singh', who graced the occasion. He addressed the teachers, giving tribute to the great gurus and teachers of India. He reminisced about how teaching has changed over the decades and what we, as teachers, can do to salvage our education system. Learning to know, Learning to do, Learning to live together and Learning to be our destinies are our four pillars of education. It was an illuminating and scholarly talk.

Stop Press!

Congratulations to Vice Principal, Ms. Bhawna Puri for getting conferred with the State Level Teachers' Award, 2019 by the Govt. Of NCT, Delhi

"It gives me immense pleasure to extend my heartfelt greetings to the readers of the first issue of the E-newsletter 'Reflections'. This initiative will provide glimpse of the profile of academics, co-curricular activities and achievements made by the school in different fields during the period. We are committed to providing the most conducive environment to our students for nurturing innovation and creativity. In future too, it shall be our endeavour to strive in honing young minds that are bustling with self-confidence and motivation."

Brig. (Dr.) A.K.Tyagi, Director

Prefectorial Board

