

## **Workshop on Human Values (Dated : 08.01.19)**

Value Education has become a priority for development in recent years. The role of schools in teaching values has been recognized, and therefore, the need has arisen to sufficiently equip the teachers with the necessary skills and understanding to teach values to students. In an effort to create awareness that value-based education is the need of the hour, Salwan Public School, Mayur Vihar organized a one-day workshop on January 8, 2019 for the teaching faculty. The resource person for the workshop was Mr. Pankaj Munjal, Personality Development Trainer, working with CBSE on Capacity Building Programs on Human Values.

The icebreaking session began with the still picture of a young and an elderly couple, reflecting our innate desire to live in harmony, viz-a-viz our current state of mind and our inability to achieve that state of harmony. A small video clip from Mahabharata was shown to understand why we are not what we want to



be as human civilization. Our right evaluation of things, situation or people around us helps decide our feelings and hence conduct, which either leads to mutual happiness or mutual unhappiness. Over- evaluation, Under-evaluation or Otherwise- evaluation of assumptions, results in poor understanding about relationships and wrong decision-taking, which may affect human's qualitative aspects of life.



The session broadly focused on four main features-the key aspects of our life, Self exploration -based, breaking Mental Barriers, and a step towards Transformation. Living in a Good Relationship and Right Understanding is Naturally Acceptable to each one of us, and whatever is Naturally Acceptable to us brings us happiness. In

today's time, we are all stuck in inhuman consciousness, wherein accumulation of Physical Facility has become necessary and adequate too, to survive. This is leading to indefinite and unethical conduct that further gives rise to mutual unhappiness and mutual depravity.

‘Right Understanding in the Self’ leads to better relationships with human beings that further results in Mutual Happiness. ‘Physical Facility with rest of Nature’ i.e. material things provide convenience, not happiness. It only brings Mutual Prosperity, since Physical facility for a human being is necessary but not adequate. Human Beings need to



maintain good relationships with human beings, to achieve innate happiness, and not focus on deriving temporary happiness from physical facilities. The session was highly interactive with brain storming sessions that steered the minds of all the trainee teachers. The concepts were clearly explained and demonstrated through videos and examples that the worldly education makes people literate, but value-based education makes people good human, creating a better society to live in.

The Vote of Thanks was presented by Ms. Seema Malik, Principal, wherein she categorically stated that it's important that value-based education be introduced in education institutions, as our value systems are crumbling

today, and hardly any thought is given to the building of character and internalization of values in students. Teachers are role models for students and can rightfully influence the students on value education to the extent that they are already practicing those values. In the race of life, let not



the children miss out on the smaller things around them that can make them

eternally happy.

The workshop left all the teachers pondering over the fact that time and effort must be spent for right understanding and right feeling, rather than on physical facility, so as to achieve eternal happiness.