

ADVENTURE CAMP TO DHARAMSHALA

With the objective of developing leadership qualities and instilling a sense of adventure in the students, Salwan Public School, MV-III organized a 7 days Adventure Trekking camp at Dharamshala (HP) from 28th May to 3rd of June 2019.

The camp was specially designed for the students to bring into them a sense of responsibility, adventure, togetherness and independence. Although the camp featured age appropriate activities, students were challenged both physically and mentally. They also got an idea on various survival techniques during calamities and disasters. The safety of the students had been taken into account and they were supervised by the experts.

Over 67 students participated in the camp with loads of zeal and enthusiasm and displayed tremendous confidence, determination, will power and vigor. The event provided a rare opportunity to the students to test as well as develop their drive, resolve and panache for adventure. The participation and extraordinary response of the students, provided a testimony to the fact the event was a mega success one.



It was an experience which students are likely to remember for a long time.

On the first day of adventure trekking camp at Mcleodganj , there were in all 67 students accompanied by 7 school teachers. The entire team enjoyed trekking up to Bhagsu water fall. The day went off very well with a good learning experience. The second day started with a yoga session and morning exercises for

team to tone up the body for the trek. Soon after the breakfast we had activities like rock climbing and rappelling. After lunch we paid a visit to Dalai Lama temple.

We were all set for a hard core trek to Triund which is around 10 kilometers from Mcleodganj.

On the third day the students trekked from Mcleodganj to Triund which is over 10 kms long and



3200 mts above sea level. It was a hardcore rocky terrain but we could make it happen with sheer determination and will power. Two night stay at Triund was in tents. Our next adventure to Ilaka glacier which is around 4 kilometer trek, was very hard trek but enjoyed by one and all. All team members reached safely over there and after that we came back at Triund.



We started off our return journey from Triund back to hotel at Mclodganj around 8:30 am trekking down the rocky terrain and reached around 2:30pm. It was a successful and an adventurous trip with lot of learning for everyone.