

## Train the Trainer Workshop

Salwan Education Trust

### DAY – 2

The second day of the SET Train the Trainer programme which was conducted on 11/01/2019 began with the trainer asking the participants about the takeaways of day 1 and their reflections.



A session on 'Principles of Adult Training' was taken up. The resource person highlighted the fact that part of being an effective instructor involved understanding how adults learn. Motivating factors for learners and the barriers to learning were discussed. The session concluded with the take away that interest and

benefits of adult learners are the motivating factors.

The second module focused on 'Training Design Steps'. An efficient trainer designs his/her module/training programme in an effective way so that it can lead to increased compliance with regulations. A step by step road map to create a wonderful training programme was curated. The trainer highlighted the amalgamation of different strategies.

The participants were engaged in recreational learning activities. These activities helped them to hone their team building and strategizing skills. After the activity the trainer evaluated the effectiveness of the game by recording the initial reactions of the participants.



The next session focused on 'Effective Presentation Skills'. It was an interactive session wherein the participants brainstormed the different tips to make good presentations. The trainer summed up that 'good presentations' are memorable. They contain graphics, images and facts in such a way that they are easy to remember.

A video presentation about ways to begin a speech left the audience empowered.



The Four levels of 'Kirkpatrick Training Evolution' were taken up in the post lunch session. The four level training module focused on helping trainers to measure the effectiveness of their training in an objective manner.

The concluding module for the day engrossed the participants in understanding the importance of Body Language in a presentation. Though the resource person had hinted about the same throughout the two days, this session summarised all the gestures and movements and effective trainers should use to make the audience feel connected and comfortable.

The resource person thanked all the participants for their active participation in making the program fruitful and assured that the group would be engaged in future training programs to revisit the modules already taken up and empower them with more topics for further growth.

The feedback forms were filled by the participants reflecting their experience and learning during these two days.

The programme ended with a valedictory address by Ms. Jyoti Chaudhary, Counsellor, SPS, Gurugaon.

